

## Adventure Programs Video Transcript

### **Brian Clark – Assistant Director, Campus Recreation**

Adventure Programs is a part of Campus Recreation under Student Affairs. We offer the outdoor trips and workshops; we have the indoor climbing wall at the Fitness and Wellness Center; outdoor equipment rental at the Presnell building and we have a free commuter bike program as well.

### **Blake Leathers – Adventure Programs Staff**

There is a variety of workshops that we offer. We have a kayak roll clinic workshop, backcountry cooking, we have climbing type of workshops.

### **Mackenzie Whalen – Adventure Programs Staff**

There is a roped climbing wall where students can come and top rope that is about 35 feet tall and then we also have the bouldering wall which is a little bit shorter and it's to work on technique.

### **Mary Phillips – Adventure Programs Staff**

And then upstairs we have the treadwall and I would say it's most useful when you are climbing for endurance.

### **Brian Clark – Assistant Director, Campus Recreation**

It's great to have those to learn how to rock climb and then actually going on the trips and transferring those skills outdoors.

### **Bobby Carey – Adventure Programs Staff**

We have a RECycle Program where we offer bicycles to people to get them out of their cars and it's free. The other option that we have is you can get a mountain bike, there is a minimal fee that is associated with it but it's well worth it and they're well maintained.

### **Bryan Klapheke – Adventure Programs Staff**

At Adventure Programs we offer a wide assortment of trip gear including kayak rentals, stoves, lanterns, headlamps.

### **Bobby Carey – Adventure Programs Staff**

Tent, sleeping pad, sleeping bag, if you need a water purification system we got what you need.

**Brian Clark – Assistant Director, Campus Recreation**

This semester we have had trips white water rafting in West Virginia on the Upper Gauley, we've canoed the Big South Fork in Kentucky, we have rock climbed in the Red River Gorge and mountain biked at Laurel Lake in Kentucky. At least once a semester we offer a service trip to where we may be doing trail building or exotic species removal.

**Sarah Parr – Adventure Programs Staff**

We just built a trail leading up to a climb and it was actually really cool because we got to build the trail and then that next day we walked up the trail to get to the climb.

**Brian Clark – Assistant Director, Campus Recreation**

We teach life skills so the experiences that you're going to find on our trips are going to carry over and transfer to your job, to your classes, to your everyday life.